

# Guidelines to Reading the C-DISC Clinical Diagnostic Report

Present State Voice

If entered in F4   
 (Patient Record)   
 menu, name will   
 appear on report.   
 This report   
 CANNOT be set to   
 exclude the name.

Name: Lynn  
 ID#: 34562387

Sex: FEMALE  
 Age: 12

## Clinically significant symptoms

"Red Flag" symptoms - those   
 that clinicians would want to   
 know irrespective of Dx. The   
 definitions for these are not   
 normally part of this report,   
 but have been added below for   
 your convenience.

**Thoughts of death/dying**  **Yes**  
**Suicidal ideation**  **Yes**  
**Lifetime suicide attempt**  **Yes**  
**Suicide attempt in past 4 weeks**  **Yes**

Indicates that the   
 appropriate symptom   
 was endorsed.

Stealing  No  
 School refusal  No  
 Truancing from school  No  
 Suspended or expelled from school  No  
 Sexual coercion  No  
 Using a weapon  No  
 In trouble with police  No

Indicates that the appropriate   
 symptom was NOT endorsed.

Uses alcohol  No  
 Smokes cigarettes regularly  Not assessed  
 Smokes marijuana  Not assessed  
 Uses other drugs to get high  No

Diagnostic section/question not asked.

Delusions (of uncertain significance)  Not assessed  
 Hallucinations (of uncertain significance)  Not assessed

Prescribed medication for ADHD  No  
 Prescribed medication for Tics/Tourettes  Not assessed

## Definitions for "Clinically Significant Symptoms" (Voice Disc)

<b>Thoughts of death/dying</b>	"Think about death or dying a lot more than... usually do" ( <b>past 4 weeks</b> )
<b>Suicidal ideation</b>	"Thought seriously about killing self" ( <b>past 4 weeks</b> )
<b>Suicidal plan</b>	Suicidal ideation (as above) <b>AND</b> "plan exactly how would kill self" ( <b>past 4 weeks</b> )
<b>Lifetime suicide attempt</b>	Self explanatory
<b>Suicide attempt</b>	Self explanatory ( <b>past 4 weeks</b> )
<b>Stealing</b>	Stole <b>5+ times</b> without confrontation <b>OR</b> once with confrontation ( <b>past year</b> )
<b>School refusal</b>	Skipped school <b>&gt;10 times</b> <b>AND</b> skipped because nervous / afraid ( <b>past year</b> )
<b>Truancing from school</b>	Skipped school <b>&gt;10 times</b> <b>AND</b> not because h/she was nervous / afraid ( <b>past year</b> )
<b>Suspended/expelled from schl</b>	Self explanatory ( <b>past year</b> )
<b>Sexual coercion</b>	Forced someone to do something sexual ( <b>past year</b> )
<b>Using a weapon</b>	Hurt <b>OR</b> threatened someone with a weapon more then once ( <b>past year</b> )
<b>Fire setting</b>	Started fire to cause damage <b>OR</b> hurt someone ( <b>past year</b> )
<b>In trouble with police</b>	Arrested ( <b>past year</b> )
<b>Uses alcohol regularly</b>	Drank about <b>1/2 the weeks</b> or more in past year <b>OR</b> drank on at <b>least 6 days</b> in single month
<b>Smokes cigarettes regularly</b>	Smoked at least <b>3 days</b> a week at some point in <b>past year</b>
<b>Smokes marijuana</b>	<b>Six or more</b> times in <b>past year</b>
<b>Uses other drugs to get high</b>	Used <b>3 different</b> substances (drug classes) at least once <b>OR 1 substance</b> (drug class) <b>6 or more</b> times in <b>past year</b>
<b>Delusions and Hallucinations</b>	<b>NOT ASSESSED IN VOICE DISC</b>
<b>Prescribed ADHD medication</b>	Self explanatory ( <b>past year</b> )
<b>Prescribed Tics /Tourettes medication</b>	Self explanatory ( <b>past year</b> )

This part of the report lists the Dx administered into positive, negative and sub-threshold categories. Includes only the Dx administered in the interview. To be 'positive' ALL diagnostic criteria must be met.

## Positive Diagnoses (Full DSM-IV criteria met)

Scales using broad based enquiry of symptoms (not necessarily criteria). Gives measure of severity over & above meeting Dx criteria.

DSM-IV code  
Note: Not all Dx have one.

### Diagnosis

- 300.23 Social Phobia
- 309.21 Separation Anxiety Disorder
- 309.81 Post Traumatic Stress Disorder
- 314.0X Attention-Deficit/Hyperactivity Disorder

Total # of symptoms endorsed by subject.

### Symptoms

- 12/12
- 05/12
- 17/18
- 20/23

### Impairment

- 02
- 00
- 06
- 08

Given that the subject met DX criteria for SAD, the absence of impairment (score 0) could mean that this MAY NOT be a clinically significant disorder. Carefully assess severity of symptoms.

Total # of possible symptoms in scale that can be endorsed. Scales use stem questions i.e. those asked of everybody, and may not be indicative of criteria (i.e. duration, frequency & intensity of symptom).

For an 'Intermediate' Dx, at least half of the criteria must be met. May be sub-threshold for technical reasons (e.g. age of onset, duration), but if impairment is present the Dx may be a focus of clinical concern.

## Intermediate Diagnoses

(Diagnostic criteria not met, but symptoms and/or impairment present)

### Diagnosis

- Major Depressive Episode
- Manic Episode
- Hypomanic Episode

### Symptoms

- 07/22
- 03/13
- 03/13

### Impairment

- 04
- 03
- 03

313.81 Oppositional Defiant Disorder

02/12

11

Assessment of impairment in 6 domains. Severest form assigned score of 3, moderate score of 2, and mildest score of 1. Therefore, severe in 6 domains would obtain total score of 18 (i.e. 6 x 3).

Being sub-threshold for the Dx and only endorsing 2 out of 12 possible symptoms, may first indicate that this is a mild case. However, the high impairment score indicates that these symptoms could possibly be highly impairing, and thus would be a focus of clinical concern.

We recommend that an impairment score of 3+ should be looked at closely. A score of 3 may be from: severe impairment in one domain, moderate + mild impairment in 2 domains, mild impairment in 3 domains. Reconstruct the interview to see the severity of impairment reported and in which domain.

A 'Negative' Dx is reached when minimal, or no criteria have been met.

## Negative Diagnoses (Minimal symptoms)

### Diagnosis

- 300.01 Panic Disorder
- 300.02 Generalized Anxiety Disorder
- 300.4 Dysthymic Disorder
- Alcohol Abuse
- Alcohol Dependence

### Symptoms

- 00/07
- 12/12
- Not applicable
- 00/14
- 00/14

### Impairment

- 00
- 00
- 00
- 00
- 00

Impairment for negative cases will always be '00' as impairment questions are not asked. Only asked if Dx is sub-threshold or positive.

Total # of symptoms in scaled endorsed (12/12). However, Dx not met as criteria (duration, intensity & frequency of symptom) not endorsed. This may be an area that a clinician would further evaluate to make sure that the subject is negative for the Dx.

Symptom scale consists of only 1 item, therefore not included in report. These include: Elimination Disorder, Selective Mutism, Pica, Tic Disorders, Trichotillomania and Dysthymia.

**Note:** 1. The report does not reference sexual assault experienced by youth. If required, view PTSD – Q4 and Q4A.  
2. The DISC has been designed for use by qualified professionals as an aid to diagnosis. It is not a substitute for a thorough clinical evaluation.